

2024



Annual Report

What began as an effort to reach one village became the vehicle to reach every village in Alaska.

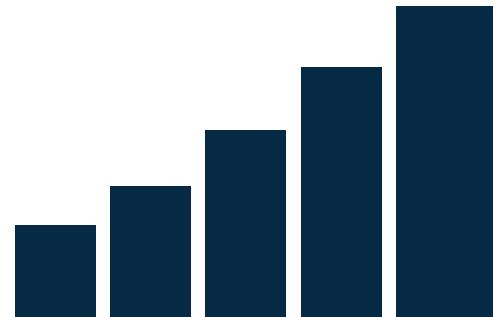


Table Of Contents



- What is Carry the Cure?**
- Meet Our Executive Team**
- Some Past Serve Teams**
- Vision and Mission**
- What Your Gifts Did This Year**
- What Others are Saying?**
- Carrying the Cure to Village Alaska**
- Financial Statements**
- Donations and Supporters**
- Contact Us**

“There is hope for you! No matter what has happened in the past, you can learn to rise above it!” ~ Bill Pagaran from “*Rise Above It*”



What Is Carry the Cure?

Carry the Cure, Inc. (CTC) is a non-profit 501(c)3 organization that is committed to giving the youth, elders and other tribal members of Alaska reasons to live, through our many programs, trainings and school assemblies. Since 1996, Carry the Cure has focused its attention on the youth of Alaska. It has grown to include every community in Alaska. We have visited over 180 communities in Alaska offering suicide prevention, drug-alcohol prevention, family-marriage workshops, as well as cultural encouragement and enrichment programs to help Alaskans commit to life.

Carry the Cure is a one of a kind program. No other public programs in Alaska, maybe in our nation, combines clinical tools, cultural traditions, and proven practices in our multi media format that is interactive, inspiring and effective. In addition, our Committed to Life school assembly includes live music performed by the award winning Native American band, Broken Walls, along with Native American and Alaskan Dancers who express hope beyond the words being spoken and sung through their music and dance.

Carry the Cure has also been the keynote presenter for events and conferences worldwide: AASG (Alaska Association of Student Government) Conference, Hugh O'Brien Leadership Conference, Job Corps, nine European Union Schools and the keynote speakers at the U.S. Embassy in Belgium.

Carry the Cure's president, Bill Pagaran, wrote a book called **Rise Above It** for public schools to address the challenges students face. This book was inspired by his successful effort to change the name of Suicide Peaks (Chugach State Park) to the Dena'ina name, Yuyanq' Ch'ex (meaning Heaven's Breath). The U.S. Board of Geographical Names officially accepted his name change proposal on October 13, 2022.



Meet Our Executive Team



BILL PAGARAN PRESIDENT

Bill Pagaran, a performer, clinician, educator and mentor, can usually be found somewhere drumming high atop a good-sized mountain. Whether he's in his beloved "hometown" in the Matanuska-Susitna Valley of Alaska or traveling the world, he will always be sharing his inspiring message to "Rise Above It" and emphatically telling everyone he meets, "Don't Let the Rhythm Stop!"

The majority of Bill's time is spent as president of Carry the Cure, Inc. He uses his passion and his natural ability for reaching the unreachable, to drive this non-profit organization. He employs clinical tools and cultural traditions to offer suicide prevention and healthy life-choice skills that bring hope to at-risk Alaskan Natives and other Native Americans.



DJ ANGAIK VICE PRESIDENT

DJ is a man of integrity and sets an amazing example of how to be a great family man. DJ has a lovely wife and six amazing children. He carries the Father's heart for the youth of Alaska. DJ is a Yup'ik man, born and raised in village Alaska. He loves Alaska and all Alaskans. He honors his culture and traditions by creating some of the most beautiful Yup'ik masks you've even seen. DJ was chosen as a UAA resident artist and teaches others to honor their heritage by creating their own indigenous works of art. His work is often highlighted at the Alaska Heritage Center. On Carry the Cure trips, you will always find DJ taking the time to listen to others and build them up.



MARLA ROWLAND SECRETARY

Marla carries a heart of compassion for those who are hurting and hopeless. Raised in village Alaska herself, she desires to see the youth in Alaska come to know their true identity and worth. Marla has travelled with Carry the Cure teams for the past 10+ years. She presently serves on the board for CTC. In her personal life, she enjoys time with her family, which includes 8 grandchildren. She owns a coaching/counseling business, which she finds both impactful and fulfilling.

The vast majority of people on the Carry the Cure teams are volunteers

Some of Our Past Serve Teams

Highly qualified, hard working, extremely joyful and always hope-filled

2025 CTC LOWER KUSKOKWIM TEAM:

TEAM LEADER BILL PAGARAN TLINGIT DRUMMER/VOCALS ALASKA	TEAM LEADER JONATHAN MARACLE MOHAWK LEAD SINGER/GUITARIST CANADA	 JOSHUA MAUS AUSTRIAN/GERMAN BASSIST/VOCALS ALASKA	 CAROL SULLIVAN YUPIK/INUPIAQ TRADITIONAL DANCER ALASKA	 KENNETH WALLACE AFRO-AMERICAN/CHOCTAW/PAWNEE GRASS/HOOP DANCER - CANADA
 REIGN PAGARAN TLINGIT KEYBOARDIST ALASKA	 MARK HARGRAVE SUPPORT STAFF ALASKA	 ABBY PECK SUPPORT STAFF ALASKA	 MICHAEL SLIWA SUPPORT STAFF ALASKA	 MARC

2023 CARRY THE CURE IDITAROD TEAM:

TEAM LEADER BILL PAGARAN TLINGIT DRUMMER/VOCALS ALASKA	 JONATHAN MARACLE MOHAWK LEAD SINGER/GUITARIST CANADA	 JOSHUA MAUS AUSTRIAN/GERMAN BASSIST/VOCALS ALASKA	 RITA BEAR GRAY CEE TRADITIONAL DANCER ENGLAND	 CAROL SULLIVAN YUPIK/INUPIAQ TRADITIONAL DANCER ALASKA
 WYNN KNIGHTON ALASKA	 DYLAN JACOBS ALASKA	 TAYLOR FENDLEY ALASKA	 MARC	

CTC SELAWIK/NOORVIK/KIANA 2023 TEAM

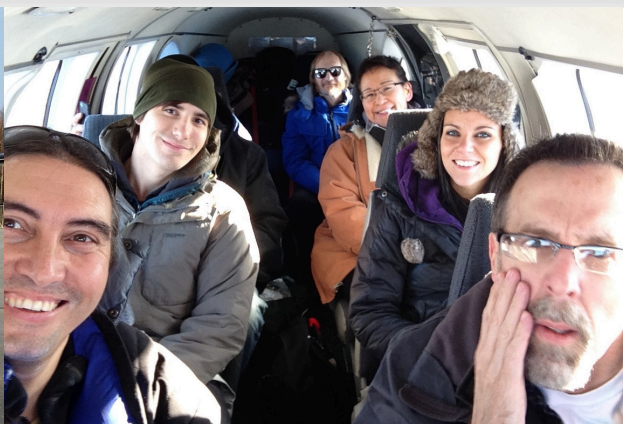
TEAM LEADER BILL PAGARAN TLINGIT DRUMMER/VOCALS ALASKA	TEAM LEADER JONATHAN MARACLE MOHAWK LEAD SINGER/GUITARIST CANADA	 JAYMI MILLARD BASSIST TENNESSEE	 CAROL SULLIVAN YUPIK/INUPIAQ TRADITIONAL DANCER ALASKA	 DAULTON MOROCK ALASKA
 CARRY THE CURE			 MARC	

2021 CARRY THE CURE IDITAROD TEAM:

 BILL PAGARAN	 LEVI PLATERO	 MALECCA PLATERO	 FIDENCIO RODRIGUEZ	 JOSHUA MAUS
 CAROL SULLIVAN	 MARLA ROWLAND	 REIGN PAGARAN	 STEWART DAFFON	 MARC

2020 CARRY THE CURE IDITAROD TEAM:

 BILL PAGARAN	 JONATHAN MARACLE	 JOSHUA MAUS	 RITA BEAR GRAY	 PAUL FLORES
 NATHAN WOOD	 KENNY SIMPSON	 KRISTINA MAUS	 REAGAN MANOLAS	 MARC



Vision and Mission

There has never been a better time than now to share hope!

You helped create a wave of hope that carried the message of Carry the Cure across The Last Frontier! We have visited villages from the Arctic Circle down to the Tongass National Forest in Southeast Alaska. It's a message that has now inspired thousands of students to Commit to Life. Approximately 3,760 students from some of the most remote areas in Alaska used their powerful words and took the Committed to Life vow. Your heart for Alaskans, including those who are only reachable by boat or plane, made this possible. Ariga taikuu! Gunalschéesh! Chin'an! Quyana! Thank you!... for making hope come alive in the hearts of youth, adults and elders.

Vision

- Carry the Cure has one of the most unique, yet effective suicide prevention programs in the world. We give students reasons to live through our Committed to Life programs, workshops and others events. We believe that we can change the negative statistics in Alaska by taking our hope-filled program to every community in Alaska. The goal is to first take our message of hope to every town, city and village in Alaska, then to raise up the next generation to do the same. Finally, we want to see this message carried by youth and young adults to the ends of the earth, believing that once you share hope in love, it becomes unstoppable!

Mission

- To carry hope in love that transforms hearts and takes that hope to every man, woman, boy and girl in every town, city and village in Alaska.
- To train youth and young adults to have eyes of compassion for their peers and others around them.
- To restore honor towards our elders and leaders by teaching youth to listen and follow before they speak and lead.
- To equip a generation to boldly share hope with others, ending the suicide epidemic in Alaska
- To teach others how to save lives by using clinical tools, proven practices and a true heart of compassion for others.

What Did Your Generous Gifts Do This Year?

Accomplishments

- **22 villages** visited
- 5 Charters, **20 planes**, 4 ferries and 8 road trips
- **22 Committed to Life School presentations**
- **4,800 Students** took the Committed to Life Vow
- 3 reserves in Canada visited
- 2 camps visited (1 youth camp)
- 38 elders gifted and honored by our team
- **24 different Carry the Cure team members** flew to villages
- 6 visiting groups trained and equipped by Carry the Cure
- **52 Rhythms of Life weekly podcasts** broadcast to over 60 villages in Alaska and Idaho
- **131 Mountaintop Prayer Videos** posted on Social Media
- QPR suicide prevention training, workshops and counseling
- Many referrals to professional counseling services
- Many Lives saved from suicide
- Families restored
- Individual lives changed
- Dreams set in motion
- Mountains moved through our Rise Above It workshops
- Hundreds of Rise Above It books, lifesaving literature and hope-filled music by Broken Walls given away



Value? Beyond what words can describe or money can buy.



What will we do next?

- Carry the Cure will visit 25 different villages in 2025 with your help. Our largest outreach trip, Carry the Cure's Iditarod, will take us to Eek, Kipnuk, Nunapitchuk, Atmautluak, and Kwethluk. Alaska's future looks brighter for you and other Alaskans as we begin our Carry the Cure's Warriors Eyes. This new program will train young adults throughout Alaska to present the Committed to Life program in their surrounding communities and to equip them to also carry the cure.

Thanks to your heart for Alaska, here's...

What Others Are Saying



Tribal Leaders

- **My daughter is smiling again!** She hasn't smiled in two years since she lost her friend to suicide. Thanks for giving me my daughter back. ~ Hoonah, AK
- You must really love us. We were down and blue, but **you lifted us up.** You sent a team from all over the world to share your program and give us the first concert our village has ever had. Thanks! ~ 2014 Tribal Chief of Kaltag

School Admin. & Teachers

- I can't believe that your team has only been here for two days. **You made a lifetime's worth of difference** in such a short time. You impacted so many lives, including mine. ~ Principal Debie Kaufman, Ruby School
- I really applaud what you are doing and have to say this is **the best, most inspirational presentation I've seen** since I moved to the arctic. I sadly had a 9th grader commit suicide my first-year teaching in Noatak and I can't help but wonder if your message may have saved him. Your message is one that really should be shared more than once in 15 years. I would love to see this type of presentation every other year at the least. ~ Noatak, AK

Clinicians

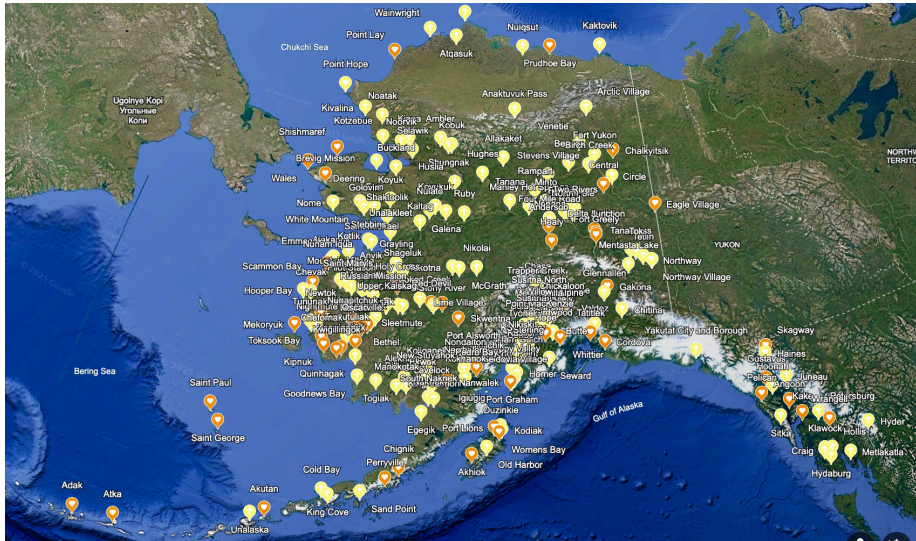
- **"As a mental health professional,** I'm always happy to see programs that effectively address suicide in our communities because it's a difficult topic and challenging for even professionals to address. Carry the Cure has an effective, culturally relevant and entertaining approach that I feel can make a big difference in the lives of our communities and I fully support their efforts." ~ James Sanders, Maniilaq Health Association

Students

- **Today, you changed my life.** Your message was so inspiring that I know that I'm going to do something amazing! ~ Palmer High School Student
- Now I know that I can make it! **I will never give up!** "I Commit to Life"! Thank you, thank you, thank you. You made a world of difference to me. I love your team! ~ Nenana City School Student

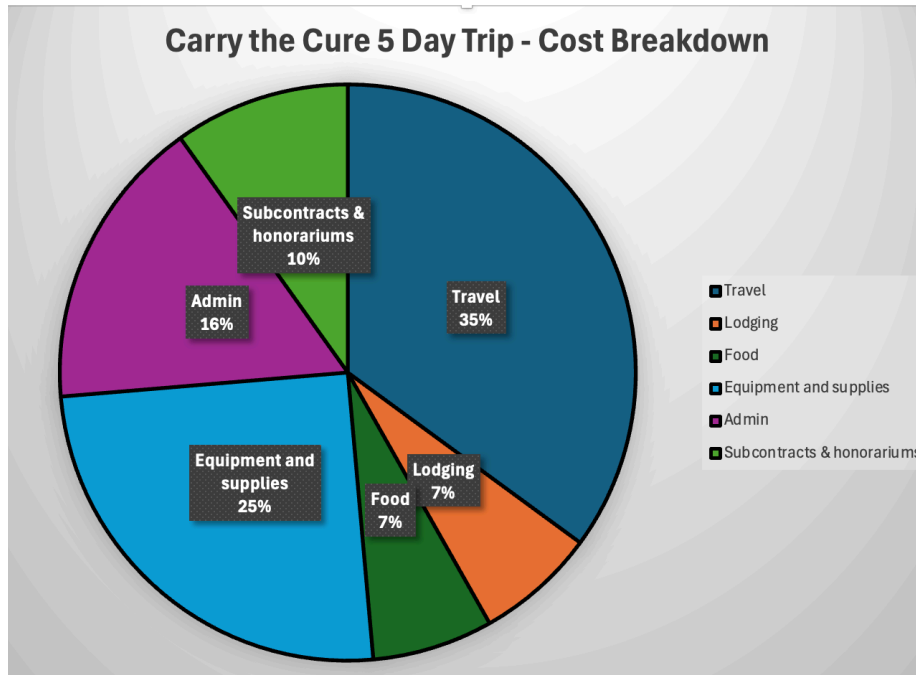
90% of communities in Alaska are only accessible by plane or boat.

Carrying the Cure to Village Alaska



Yellow marks show the communities CTC has visited at least once

Alaska is the largest state in the U.S. The northernmost, easternmost and westernmost points in the U.S. are found in Alaska. The cost to reach these communities is challenging and it is our greatest expense. When you help us send teams to these villages, the people there are often overcome with gratitude because they know how difficult it is to get to their villages. An average 5-day trip involves chartering 2 planes, carrying 2000 lbs. of equipment and supplies, 9 team members and 4 pilots. The average cost for such a trip is \$35,000.



Thanks to you, we've visited over 180 of 227 villages! With your help, we can share hope with every village in Alaska.



Financial Statements

	2023	2024
Revenue	\$295,050.04	\$298,137.07
Expenses	\$286,649.07	\$262,559.62
Profit (for future emergency village trips, etc.)	\$8,400.97	\$35,577.45

Carry the Cure is a small 501c3 nonprofit with a big heart and a bigger vision. It's amazing how many places Carry the Cure has been able to visit with their life-giving programs. This is only possible because of the generous individuals who give to Carry the Cure.

Carry the Cure has one full-time employee, William Pagaran, who facilitates opportunities for others who want to share their time, talent and skills to help others. We partner with many highly qualified individuals (clinicians, counselors clergy, youth workers, certified teachers, professional musicians, dancers and more) who give their time and talent to Carry the Cure. Carry the Cure has many groups and organizations which partner with us. Due to our high numbers of volunteers, we are able to direct the majority of our income to direct services which enable us to get to those who don't often have counselors, clergy, psychologists or trained individuals to deal with the tragedy of suicide, depression, physical abuse, sexual abuse and harmful addictions. Through the generosity of our donors, we've been able to create and connect to resources and tools that can help local people grow in their effectiveness to help others.

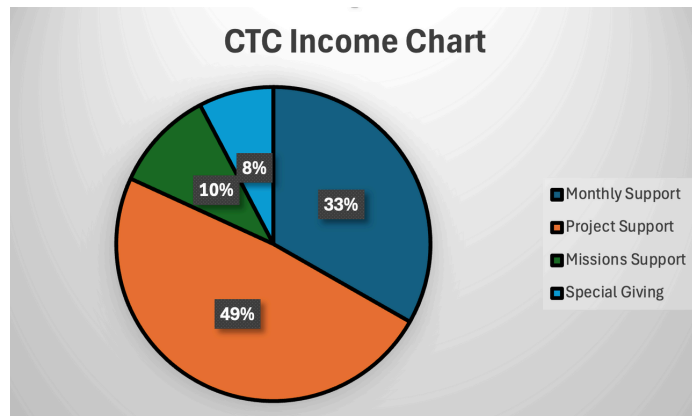
On occasion, Carry the Cure is contracted by health corporations, school districts and tribal organizations to present our programs in their communities. The majority of Carry the Cure's time is spent in response to emergency requests from communities that don't have the money to pay for our services.

Donations and Supporters

The majority of our support comes from individuals who care about the mission of Carry the Cure.

Carry the Cure's support is received in a number of ways.

- 1.) Monthly Support
- 2.) Project Support
- 3.) Missions Conference Support
- 4.) Special Giving



Corporate, Business, Project and Individual Supporters:

Bering Strait Native Corporation
Doyon Inc.
Wal-Mart
Diversified Tire
Mat-Su Health Foundation
Valley Feed and Seed
Sean Parnell
Church on the Rock
Valley Pastors Prayer Network
Northgate Alaska
Reach 907
King's Chapel
Lamb of God Lutheran
BBNC (2015)
Native New Life Fellowship
Norton Sound Economic Development
NAPA (Bethel)
Log Cabin Inn (Kenai, AK)
Calista Corporation
Maniilaq Health Corporation
Lower Kuskokwim School District
NANA
Northwest Arctic School District

Pleasant Valley Honey Producers ltd.
Thrifter's Rock
Bishop's Attic II
Seldovia Village Tribal Council
Job Corps
Chugachmiut
North Pole Worship Center
Wellness Warriors
51/50 Global Solutions
Global Spheres
Kawerak, Inc.
Eastgate Fellowship
Firedance School
Denali Anglers
Arctic Slope Regional Corporation
M.A.R.C. (Soldotna, AK)
Fox Lodge (Ketchikan, AK)
GCI
Lower Yukon School District
Vagabond Blues
Turning Leaf Literacy Center
100's of individuals who care about Village Alaskans

Contact Us



+907-355-2282



cureline@carrythecure.org



www.carrythecure.org



Contact Carry the Cure if you would like to know more about our programs, or if you would like to schedule a team in your town, city or village.

If you would like to support one of our projects, or make a monthly contribution, there are three ways you can give:

1. Mail checks to;
Carry the Cure, Inc.
1040 W Berylund Loop
Palmer, AK 99645
2. Online donations through PayPal:
<https://www.carrythecure.org/donate.html>
3. Corporate and business sponsorships and donations are available on 6 different levels. Each level comes with different benefits and recognition.

Carry the Cure's Iditarod Outreach

\$40,000 Needed

Business and Corporate Sponsorship Levels:

- **Yuyanaq' Ch'ex Level** \$15,001 or more
(\$15,000 pays for the charter to 5 villages)
- **Lead Team** \$15,000 - \$1001
- **Guide Team** \$1000 - \$501
- **Power Team** \$500 - \$101
- **Help Team** \$100 - \$51
- **Care Team** \$50 - less

www.carrythecure.org
cureline@carrythecure.org



SCAN ME TO GIVE



Help Team Power Team Guide Team Lead Team